What is different about the Whole Family Approach?

Empowering a family with the tools to reach their goals and stay out of poverty has far better long-term benefits than intervening once a crisis has taken hold. Many of the current social service systems approach family well-being from an individualistic, fragmented, and crisis-oriented perspective. The Whole Family Approach breaks down silos between agencies, connecting families to multiple resources they can use to achieve their dreams.

Several factors make the Whole Family Approach unique and effective:

- Families include two adult caregivers, one working or able to work, committed to the long-term well-being of the entire family.
- Families self-identify goals and work together to accomplish individual and family-wide goals.
- Families create and implement plans with behavioral objectives, enabling them to reach their goals together.
- Families have access to a range of organizations offering the tools to act on their plans.
- Collaborations of agencies support families in achieving goals by coordinating offerings, activities and supports.

Creating a world where families define, create and live the futures they dream of.

Too many of America’s working low-income families are one crisis or one paycheck away from falling into poverty. The daily stresses they endure cause harmful long-term effects, particularly on children. This can be changed by applying the Whole Family Approach.

www.wholefamilyapproach.org
Where is the Whole Family Approach implemented?

The Whole Family Approach is implemented in a range of settings — rural, urban, and suburban — and enables families to work together in realizing any number of goals ranging from education, to financial stability, health, and relationship building. The Whole Family Approach is best implemented through a mission-driven collaborative model where multiple agencies come together to provide services.

**FAMILY CONNECTION CENTER**
- Brings youth, caregivers, teachers and others together to enable youth to reach their potential academically, socially and emotionally.

**CONNECTING FAMILIES TO COMMUNITIES**
- Supports parents and developing strong families to build a stronger community.

**FAMILIA ADELANTE FAMILY FORWARD**
- Coaching immigrant families as they work toward long- and short-term goals around economic stability, education and wellness.

**FAMILIES FOR LITERACY**
- Facilitates adjustment and success for through ESL classes, academic support, job training and employment opportunities.

**FAMILIES IN MOTION**
- Develops self-sufficiency, sustainable strategies and financial security for immigrant families.

**FAMILIES TO COLLEGE**
- Implements a STEAM-based focus to enable youth and caregivers to achieve realistic academic and employment goals.

**FAMILY STRENGTHENING NETWORK**
- Coaches families as they set and achieve goals in healthy relationships, child well-being and financial security.

**SOUTH JERSEY FIRST STAR**
- Empowers foster teens, foster families and siblings to succeed academically, socially and emotionally in high school, college and careers.

**STRONGER FAMILIES**
- To strengthen and support families of incarcerated adults, the general population, and youth through life coaching, job training, and community activities.

**UNIDOS PARA LA FAMILIA**
- Provides immigrants with the tools to adjust, assimilate and contribute to American culture.

Find a full list of Whole Family Approach implementers at [www.wholefamilyapproach.org](http://www.wholefamilyapproach.org).